

# The Brain's Re-Actions to incoming light-energy & information

## L-Brain R-Brain

### Attention Management

### The Art of Attending



#### Filters:



Beliefs & Opinions & Judgments

Spatial Attention = Feelings

Fear (of Unknown, Losing, etc)

Processed via experiencing and accepting life as it is

2DO

RESISTANCE to information received

RESISTANCE partially processed by

Resisted Energy & Information RESIDUE

CF

3D Spatial Attention

Stuck/Stored in Muscle tissue & Joints

Feeling and accepting life as it is

Tense Muscles & Mis-aligned Joints

Mental & Emotional NON-Attachment

Stress + Physical discomfort

Muscles relax & Joints re-align

(Chronic) Dis-ease (Pain)

EM

Body relaxed & re-energized

Symptomatic Care

Cured the Cause of the Pain

Surgical Care

C2C

Natural Care

C2C